



LIVE WITH PURPOSE WITH BHI SENIOR LIVING!




DISCOVER THE LIVING ON PURPOSE LIFE ENRICHMENT PROGRAM

At BHI Senior Living, we believe every resident deserves a life filled with meaning, purpose, and joy. Our Living on Purpose Program is thoughtfully designed to enrich the lives of residents across all care levels—Independent Living, Assisted Living, Skilled Nursing, and Memory Care.

With a network of twelve campuses, our Life Enrichment Teams are dedicated to providing a diverse range of engaging and purpose-driven activities. They regularly share best practices, collaborate with outside experts, and utilize feedback from resident satisfaction surveys to continually enhance our offerings. Through these surveys, residents have the opportunity to voice their preferences and suggestions, allowing us to make meaningful adjustments and improve their living experience.

Additionally, we conduct regular audits of Life Enrichment event calendars to ensure a well-rounded mix of activities that align with the eight key areas of well-being—helping every resident thrive. From personalized experiences to community involvement, our program is built to inspire, engage, and empower.



*JOIN US AND DISCOVER HOW THE LIVING ON PURPOSE
PROGRAM CAN TRANSFORM YOU OR YOUR LOVED
ONES RETIREMENT EXPERIENCE INTO A VIBRANT,
MEANINGFUL JOURNEY.*



*LIVE FULLY. LIVE PURPOSEFULLY. LIVE
AT A BHI SENIOR LIVING COMMUNITY!*



EXPLORE THE 8 KEY CATEGORIES OF LIVING ON PURPOSE:

1. Physical Wellness

Supporting strength, mobility, and overall health through fitness classes, walking clubs, nutrition programs, and more. From yoga sessions to healthy cooking workshops, there's something for everyone!

2. Emotional Wellbeing

Fostering positivity and resilience with music programs, theater outings, support groups, and mindfulness sessions. Residents can build meaningful connections and find comfort and support.

3. Spiritual Connectedness

Encouraging spiritual growth and reflection through faith-based services, meditation, art therapy, and interfaith dialogues. Opportunities for personal reflection and community worship are always available.

4. Environmental Awareness

Promoting sustainability and a connection to nature with gardening, recycling programs, nature walks, and educational talks on eco-friendly living.

5. Social Wellness

Creating opportunities for residents to build friendships and stay socially active through clubs, themed dinners, game nights, and virtual reality outings—all without needing to leave campus!

6. Intellectual Wellness

Challenging the mind with lectures, book clubs, TED Talks, puzzles, and interactive learning sessions. Residents can stay curious and engaged with new ideas and discussions.

7. Creative Wellness

Inspiring self-expression through painting, music, crafts, writing, and performing arts. With regular workshops and showcases, residents can explore their creative side.

8. Purposeful Living

Empowering residents to volunteer, lead committees, and share their skills with others. Purpose-driven activities like mentoring, organizing community projects, and leading workshops make every day fulfilling.

